

 = TRIP

RR = RESERVATION REQUIRED

 = GUEST SPEAKER

January 2017

FALLS CHURCH SENIOR CENTER CALENDAR

223 LITTLE FALLS STREET, FALLS CHURCH, VA 22046 (703) 248-5020/5021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>New Year's Holiday (Senior Center Closed)</p> 	<p>3</p> <p>German Conversation 10am-Noon Golden Age Bingo 10-1:30pm  Diabetes Self-Management 1:30pm with Amy Smith and Colleen Turner (Art Room)</p> 	<p>4</p> <p>Armchair Fitness 10 - 10:30am BINGO 10 - 1:30pm Spanish Conversation 10:45am Pickleball 11:30am-1:30pm (Gym) Italian Conversation 1:30 - 3pm Rummikub 1:30-3pm Card Games 1:30-3pm</p> 	<p>5</p> <p>Hand and Foot Card game 9:30am Knitting & Crocheting 10am-Noon French Conversation 10am-Noon (Senior Center) Mixed Games 1:30-3pm (Senior Center)</p> 	<p>6</p> <p>No Modified Senior Yoga Contract Bridge/Hand & Foot 9am Watercolor/ Drawing Open Studio 9:30am-12:30pm (Art Room) Military History 10am-Noon Denis Hannan: Fort Loudon: Interesting History for a Small Fort Oil and Acrylic Painting 1-3pm</p>
<p>9</p> <p>Social Bridge 10am Pickleball Noon-2:30pm (Gym) Lunch Bunch 12:15pm RR "Applebee's" Transportation on your own Mixed Games 1:30-3pm Scrabble 2-3pm (Senior Center)</p> 	<p>10</p> <p>Blood Pressure Screening 9-10am (Teen Center) German Conversation 10am-Noon Golden Age BINGO 10- 1:30 Diabetes Self-Management 1:30pm with Amy Smith and Colleen Turner (Art Room)</p> 	<p>11</p> <p>Armchair Fitness 10 - 10:30am BINGO 10- 1:30pm Spanish Conversation 10:45am Pickleball 11:30am-1:30pm (Gym) Italian Conversation 1:30 - 3pm Rummikub 1:30-3pm Card Games 1:30-3pm</p> 	<p>12</p> <p>Hand and Foot Card game 9:30am Knitting & Crocheting 10am-Noon (Senior Center) French Conversation 10am-Noon (Senior Center) Ballroom Dancing 1-2:45pm Mixed Games 1:30-3pm</p> 	<p>13</p> <p>NO Modified Senior Yoga Contract Bridge 9am Hand and Foot Card game 9:30am Watercolor/ Drawing Open Studio 9:30am-12:30pm (Art Room) Oil and Acrylic Painting 1-3pm (Art Room)</p> 
<p>16</p> <p>Martin Luther King, Jr. Day (Senior Center Closed)</p> 	<p>17</p> <p>German Conversation 10am-Noon (Teen Center) Golden Age BINGO 10- 1:30pm Scrabble 1:30-3pm Rummikub 1:30-3pm Card Games 1:30-3pm (Senior Center)</p> 	<p>18</p> <p>Armchair Fitness 10 - 10:30am BINGO 10- 1:30pm Spanish Conversation 10:45am Pickleball 11:30am-1:30pm (Gym) Italian Conversation 1:30 - 3pm Rummikub 1:30-3pm Card Games 1:30-3pm</p> 	<p>19</p> <p>Hand and Foot Card game 9:30am Knitting & Crocheting 10am-Noon (Senior Center) French Conversation 10am-Noon (Senior Center) Mixed Games 1:30-3pm (Senior Center)</p> 	<p>20</p> <p>Inauguration Day (Senior Center Closed) All activities have been cancelled.</p> 
<p>23</p> <p>Social Bridge 10am Pickleball Noon-2:30pm (Gym) Mixed Games 1:30-3pm (Senior Center) Scrabble 2-3pm (Senior Center)</p>  	<p>24</p> <p>Blood Pressure Screening 9-10am German Conversation 10am-Noon Golden Age BINGO 10- 1:30pm Scrabble 1:30-3pm Rummikub 1:30-3pm Card Games 1:30-3pm</p> 	<p>25</p> <p>Armchair Fitness 10 - 10:30am BINGO Bash 10- 1:30pm RR Spanish Conversation 10:45am Pickleball 11:30am-1:30pm (Gym) Italian Conversation 1:30 - 3pm Rummikub 1:30-3pm</p>	<p>26</p> <p>Hand and Foot Card game 9:30am Knitting & Crocheting 10am-Noon (Senior Center) French Conversation 10am-Noon (Senior Center) Mixed Games 1:30-3pm</p>	<p>27</p> <p>NO Modified Senior Yoga Contract Bridge 9am Watercolor/ Drawing Open Studio 9:30am-12:30pm (Art Room) Hand Foot Card game 9:30am Oil and Acrylic Painting 1-3pm</p>
<p>30</p> <p>Casino at MGM National Harbor 9am-4:30pm RR Social Bridge 10am Pickleball Noon-2:30pm (Gym) Mixed Games 1:30-3pm (Senior Center)</p>  	<p>31</p> <p>German Conversation 10am-Noon Golden Age BINGO 10- 1:30pm Scrabble 1:30-3pm Rummikub 1:30-3pm Card Games 1:30-3pm</p> 			 