 = TRIP


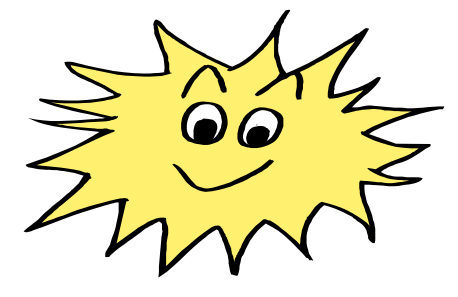

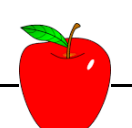
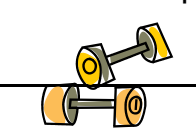
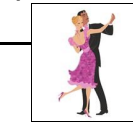


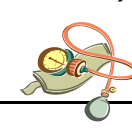
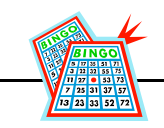

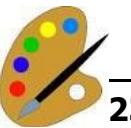

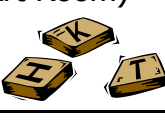

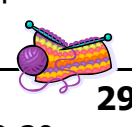
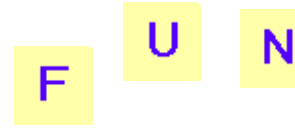


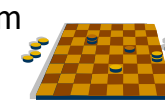
RR = RESERVATION REQUIRED

 = GUEST SPEAKER

June 2017

FALLS CHURCH SENIOR CENTER CALENDAR

223 LITTLE FALLS STREET, FALLS CHURCH, VA 22046 (703) 248-5020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
<h1>Happy Summer!!</h1>				
5	6	7	8	9
Social Bridge 10am-12:30pm (Senior Center) Pickleball Noon-2:30pm (Gym) Pinnoche 12:30-3pm (Senior Center) Mixed Games 1:30-3pm 	German Conversation 10 - 12pm (Teen Center) Golden Age BINGO 10:00am - 1:30pm Chronic Disease Self-Management Program 1:30-3:30pm (Art Room) Card Games 1:30-3pm Rummikub 1:30-3pm 	Armchair Fitness 10 - 10:30am BINGO 10am-1:30pm Spanish Conversation 10:45-Noon Pickleball 11:30am-1:30pm (Gym) Rummikub 1:30-3pm Italian Conversation 1:30 - 3pm (Senior Center) 	Hand and Foot Card Game 9:30am Social Media: What, How and Why for Seniors 10am-Noon (Teen Center) Reservations are required Knitting & Crocheting 10-12pm French Conversation 10-12 pm Ballroom Dancing 1-2:45pm 	Hand and Foot Card Game 9:30am Watercolor/ Drawing Open Studio 9:30am-12:30pm (Art Room) Contract Bridge 10am-12:30pm Oil and Acrylic Painting 1-3pm Modified Senior Yoga 2:30 (Community Room) 
12	13	14	15	16
Social Bridge 10am-12:30pm Lunch Bunch Club - 12:15pm "Silverado" RR Van leaves at 11:45am Pickleball Noon-2:30pm (Gym) Pinnoche 12:30-3pm (Senior Center) 	Blood Pressure Screening 9-10am German Conversation 10 - 12pm Golden Age BINGO 10:00am - 1:30pm Chronic Disease Self-Management Program 1:30-3:30pm (Art Room) Card Games 1:30-3pm Rummikub 1:30-3pm 	Armchair Fitness 10 - 10:30am BINGO 10am-1:30pm Spanish Conversation 10:45-Noon Pickleball 11:30am-1:30pm (Gym) Rummikub 1:30-3pm Italian Conversation 1:30 - 3pm (Senior Center) 	Hand and Foot 9-12pm Social Media: What, How and Why for Seniors 10am-Noon (Teen Center) Reservations are required Knitting & Crocheting 10-12pm French Conversation 10-12 pm (Senior Center) 	Hand and Foot Card Game 9:30am Watercolor/ Drawing Open Studio 9:30am-12:30pm (Art Room) Contract Bridge 10am-12:30pm Oil and Acrylic Painting 1-3pm Modified Senior Yoga 2:30pm (Community Room) 
19	20	21	22	23
Social Bridge 10am-12:30pm Pickleball Noon-2:30pm (Gym) Pinnoche 12:30-3pm (Senior Center) Mixed Games 1:30-3pm 	German Conversation 10 - 12pm Golden Age BINGO 10:00am - 1:30pm Chronic Disease Self-Management Program 1:30-3:30pm (Art Room) Card Games 1:30-3pm Rummikub 1:30-3pm 	Armchair Fitness 10 - 10:30am BINGO 10am-1:30pm Spanish Conversation 10:45-Noon Pickleball 11:30am-1:30pm (Gym) Rummikub 1:30-3pm Italian Conversation 1:30 - 3pm 	Hand and Foot Card Game 9:30am Social Media: What, How and Why for Seniors 10am-Noon (Teen Center) Reservations are required Knitting & Crocheting 10-12pm French Conversation 10-12 (Senior Center) 	Hand and Foot Card Game 9:30am Watercolor/ Drawing Open Studio 9:30am-12:30pm (Art Room) Contract Bridge 10am-12:30pm Oil and Acrylic Painting 1-3pm Modified Senior Yoga 2:30pm RR
26	26	28	29	30
Social Bridge 10am-12:30pm Pinnoche 12:30-3pm Rummikub 1pm Scrabble 2pm (Senior Center) 	German Conversation 10 - 12pm Golden Age BINGO 10:00am- 1:30pm Chronic Disease Self-Management Program 1:30-3:30pm (Art Room) Card Games 1:30-3pm Rummikub 1:30-3pm 	Armchair Fitness 10 - 10:30am BINGO 10am-1:30pm Spanish Conversation 10:45-Noon Rummikub 1:30-3pm Italian Conversation 1:30 - 3pm (Senior Center) 	Hand and Foot Card Game 9:30am (Senior Center) Knitting & Crocheting 10-12pm French Conversation 10-12 pm Mixed Games 1:30-3pm (Senior Center) 	Hand and Foot Card Game 9:30am Watercolor/ Drawing Open Studio 9:30am-12:30pm (Art Room) Contract Bridge 10am-12:30pm Oil and Acrylic Painting 1-3pm Modified Senior Yoga 2:30pm RR