



# DANCE RECITAL INFORMATION



We are entering a busy and exciting recital season and are looking forward to sharing this memory with your child. This document has all of the most vital recital information, so please be sure you have looked carefully at the attached pages.

All classes have a recital, class photos and rehearsals (no rehearsals for Every Body Dance Preschool A and B classes). Please see the attached schedule for dates and times.

The attachment will note if your child's rehearsals and photos are held at the Falls Church Community Center or George Mason High School.

All recitals are at George Mason High School, 7124 Leesburg Pike, Falls Church.

- **When are the performances?**

- **Adrenaline Dance Force** classes will perform at 1:30pm on Saturday, May 11<sup>th</sup>.
- **Dream in Color** classes will perform at 1:30pm on Saturday, May 11<sup>th</sup>
- **Every Body Dance** Preschool A and B students will perform at either 9:30am or 11:30am Saturday, May 11<sup>th</sup> depending on class section.  
Every Body Dance Preschool C and school age students will perform at either 10:30am, 1:30pm or 4:30pm on Saturday, May 18<sup>th</sup> depending on the class section.  
Every Body Dance Senior Ballet and Dance Company perform on both recital dates.
- **Go Bananas Dancing** classes will perform at 1:30pm on Saturday, May 11<sup>th</sup>  
**Show time assignments are listed in the "At A Glance" table.**

- **Will the show be videotaped and photographed?**

The Falls Church Cable Access channel provides coverage of all of our performances! There is an order form accompanying this packet.

Videos will be available in DVD format or as a digital download.

Gary Mester, of Written in Light Photography, takes wonderful candids during the show as well, which are available for purchase after the show at his website. You will receive details at the show.

- **Who do I contact if I have a question?**

- Your child's instructor
- Recreation & Parks staff, Amy Youngs, [AYoungs@fallschurchva.gov](mailto:AYoungs@fallschurchva.gov) / 703-248-5137
- For Adrenaline Dance Force participants, [adrenalinedanceforce@gmail.com](mailto:adrenalinedanceforce@gmail.com)
- For Dream in Color Dance participants, [kim@cool2beme.com](mailto:kim@cool2beme.com)
- For Every Body Dance participants, [everybodydance07@gmail.com](mailto:everybodydance07@gmail.com)
- For Go Bananas Dancing participants, [susannah@gobananasdancing.com](mailto:susannah@gobananasdancing.com)

# 2019 Dance Recital DVD/Digital Download Order Form

- All of the dance recitals will be recorded and available for purchase.
- Please complete the order form below and turn it in with payment to the **front desk of the Community Center**.
- All orders and payment must be received by **Wednesday, May 22, at 5pm**.
- Please do not give money or forms to instructors.
- When your order is ready, you will be emailed a digital download link or you will be notified to pick it up from the Community Center. All orders must be picked up within 30 days. The Falls Church Recreation and Parks Department is not responsible for DVD's after 30 days.

Questions? Recreation & Parks - 703-248-5027 or [recreation@fallschurchva.gov](mailto:recreation@fallschurchva.gov)

*Please write neatly 😊*

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

## Digital Download

May 11	May 16	May 18
____ 9:30am	____ 7pm	____ 10:30am
____ 11:30am		____ 1:30pm
____ 1:30pm		____ 4:30pm

Indicate Quantity

## DVD

May 11	May 16	May 18
____ 9:30am	____ 7pm	____ 10:30am
____ 11:30am		____ 1:30pm
____ 1:30pm		____ 4:30pm

Indicate Quantity

Total Quantity \_\_\_\_\_ x \$15/each = \_\_\_\_\_ Total Due

Please turn in this form with payment to the front desk at the Falls Church Community Center.  
Check (payable to "City of Falls Church"), exact cash or credit card.

# Dance Recital Show Notes

## All Every Body Dance Dancers:

- ✓ Go to the restroom before you put on your costume
- ✓ No jewelry (studs are fine for newly pierced ears)
- ✓ No nail polish
- ✓ No underpants or undershirts under costumes (bras are alright – hide and pin straps)
- ✓ No eating or drinking in costume or gum
- ✓ Make sure that hair is away from face, use spray, wet hair, gel, dippidy-doo, etc. to hold hair in place
- ✓ Tightly pin on hairpieces with bobby pins so they do not fall off
- ✓ Double check that you have your dance shoes, hairpieces and tights
- ✓ Double check straps are sewn on correctly and tightly (not so tight that you can't move!!)

**The Ballet Bun:** To make a ballet bun that will stay up for an entire performance, you will need an elastic ponytail band, a hair net, bobby pins, hair pins (the wiggly U-shaped metal ones) and hair spray.

1. Brush all hair back into a high ponytail near the top of the back of the head, and fasten with the elastic band.
2. Firmly pin five or six bobby pins to hair around the ponytail, outlining the area in which will be covered with the bun.
3. Wind hair around the elastic band, forming a flat bun shape.
4. Spread hair net tightly over bun, tucking ends of net under the bun.
5. Insert hair pins through the edge of the bun, catching the outlining bobby pins.
6. Direct hair pins toward elastic hair band. Continue all around bun.
7. Anchoring edges use hair pins to secure center of bun to elastic in several places.
8. Finish with hair spray to keep wisps under control.

**Bangs:** The classic ballet bun does not feature bangs. Brush them back toward the ponytail and apply hair gel. Hold with a few bobby pins.

**Very long hair:** Try braiding the ponytail and coiling the braid around the elastic, pinning each coil to the previous one. Another method is to twist the ponytail and coil it. Use long, strong metal or plastic pins and long bobby pins. If the hair is very heavy, it might be more comfortable to position the bun more toward the top of the head than on the back.

**Short hair:** Hair does not have to be tightly wrapped around the elastic, since the net will hold the bun together. Hair can be spread out and fluffed a little before the pinning. Pinning bobby pins in an X-shape can give extra stability.

**Make-up:** Choose shades that will accent your child's features, but not be overpowering. Pinks, peaches and reds generally work best for blush and lipstick, no wild colors. Makeup is necessary to keep children's delicate features from looking washed out under bright lights. Lipstick, Blush, Mascara, and Powder Face.

**Shoes:** Ballet shoe strings should be knotted and excess should be cut off to prevent tripping during recital. Tap shoes must have black laces or black elastic. (Replacing laces with elastic eliminates the problem of shoes becoming untied.)

**Extras to have on hand:**

Needle & black/white thread  
Extra makeup  
Hairnets

Hairspray  
Hairpins  
Tights

**Volunteer:** If you would like to volunteer backstage please speak to your child's instructor.

**Photographs** will be available by Classical Photography. Each parent will have the option of purchasing class pictures and/or individual pictures of their child as well as a digital download of your child's individual photos. Pictures are scheduled by class and dates/times are noted on the attachment.

**DVDs/Digital Download** of the performance are available for purchase and order forms are included in this packet. All orders must be turned into the Falls Church Community Center by **Wednesday, May 22**.

**Photographs and videotaping** by the parents are permitted. Parents must be seated when photographing or videotaping. People will not be permitted to stand in the aisles. Dress rehearsal is a perfect opportunity for up close pictures of your child performing. **Under no circumstance will flash photography or portable lights be permitted for the safety of the dancers.**

**NOTE:** Food and drink are NOT permitted in the school auditorium! Dancers may bring homework, books or other quiet activities to help with the waiting. Snacks can be eaten in the hallway.

ALL POSSESSIONS (make-up, costumes, shoes, tights, bags, etc.) SHOULD HAVE DANCER'S NAME CLEARLY MARKED!!

Many parents purchase flowers for their children to give them after their performance. By no means is this required.

Please be **ON TIME**. We cannot keep our schedule if the dancers are not there ready to go.

If you have any questions, please do not hesitate to talk to your dance instructor.

**Good Luck!**







CLASSIC PHOTOGRAPHY

5x7s

8x10s

Photo Magnets  
(3½" x 5")



Group Photos  
(5x7 & 8x10 Available)

3½x5s

Wallets  
2"x3"

Hot Seller!  
Memory Mate

Dancer Composite  
(8x10)

Your Picture  
On All  
50 Pages

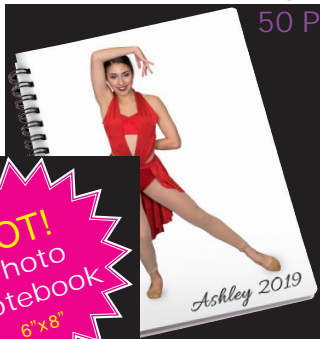
NEW  
Product

Pillow Case  
(21" x 30" - Pillow not included)

Photo Pendant

w/ 24" Adjustable Chain  
Oval or Rectangular  
Pendants Available

HOT!  
Photo Notebook  
6"x8"



NEW  
Product

Dancer Plaque  
(8"x10")



Holiday Ornaments

Couch Pillow  
(18"x18" - Two Sided)

Fleece Blanket  
(50"x 60")