

Falls Church Recreation & Parks

Summer Camp Brochure



2017

Registration Begins:
Falls Church Residents - February 6
Non-Residents - February 13



CITY OF **FALLS CHURCH**



Register by contacting 703-248-5027 or www.FallsChurchVA.gov/Recreation

Registration for City of Falls Church Residents begins Monday, February 6, 2017

Registration for Non-City Residents begins Monday, February 13, 2017

WALK-IN: Falls Church Community Center, 223 Little Falls Street, Falls Church, VA 22046. We accept checks, exact cash and credit cards.

ONLINE: Online registration can be found on the internet by visiting www.fallschurchva.gov/register. Full payment is required at the time of registration and you must use a credit card (American Express, Discover, Master Card, or Visa).

PHONE-IN: Phone-in registration starts on the second day of registration: February 7th and February 14th. Phone-in registration with credit cards only to (703) 248-5027. There will be **no** phone-in registration on the first day of resident or non-resident registration.

FEES: Payment must accompany registration.

FINANCIAL AID: Financial aid is available for City of Falls Church residents. Forms are available at the Falls Church Community Center or by calling 703-248-5027.

CANCELLATION POLICY:

The City of Falls Church Recreation and Parks Department reserves the right to cancel camps and programs for which there is insufficient registration. Camps with insufficient registrations are canceled one week prior to the start of camp. In addition, there is limited enrollment for all programs.

PHOTOGRAPHIC RELEASE:

By participating in programs and using our facilities, you are granting the City of Falls Church and the Parks and Recreation Department permission to use photographic images of you and/or your minors for marketing purposes.

EXTENDED CARE:

Extended Care is located at the Falls Church Community Center and will be available for **most** camps. Please review individual camp descriptions for extended care availability, time and cost. If the camp is not located at the Community Center, then transportation to and from extended care will be provided, unless otherwise noted. Campers in extended care should bring a snack or money to purchase snack for extended care hours. Additional fees will be charged for campers who are picked up later than 6pm.

REFUND POLICY:

The Recreation and Parks Department will provide a full credit or refund for a camp if the camp is cancelled by the Department, or upon request when schedule or location changes made by the Department prohibit or limit an individual's ability to attend a camp. For any reason other than those noted above, a "Request for Refund/Household Credit" form must be completed and submitted at least **two weeks** before the start of camp.

- Requests for a refund made at least 14 calendar days before the start of camp will be granted, less a 20% processing fee.
- Requests for a credit made at least 14 calendar days before the start of camp will be granted, less a 10% processing fee.
- Requests less than two weeks before camp starts will **only** be granted for medical reasons (doctor's note required) or for relocation of more than 25 miles away from the City.
- No refunds or household credits will be given if the request for such is submitted less than 2 weeks before the camp starts, nor after it has ended. This also applies to AM and PM Extended care.
- Inner Quest has different policies which are listed in their description.

NOTE:

If your child has a disability or requires special attention for any reason, advanced notice is appreciated so that we may properly prepare.

FALLS CHURCH COMMUNITY CENTER HOURS:

Monday-Thursday	8am-10pm
Friday	8am-11pm
Saturday	8:30am-11pm
Sunday	12noon-6pm (Jan-March)
Sunday	2-6pm (April-Dec)

Facility Locations

Falls Church Community Center
223 Little Falls Street

Cherry Hill Farmhouse
312 Park Avenue

George Mason High School
7124 Leesburg Pike

Mary Ellen Henderson Middle School
7130 Leesburg Pike

WHAT TO KNOW ABOUT SUMMER CAMP!

Each child will need to bring a lunch with drink and an afternoon snack daily. There is no refrigeration. Campers will need to wear comfortable shoes, as well as clothes that can get dirty. Swimsuit and towel for swim days where applicable. Some camps are held outside for extended periods of time. Please have children wear and bring sun block.

If a child needs to take medication, you must complete the proper paper work and give medication to the Camp Director. Forms are available by emailing LTimmons@fallschurchva.gov.

Recreation and Parks Department Camps - Summer Fun & Swimming

Summer Fun Playground Program

Rising 1st through Rising 6th Graders

Campers will enjoy a fun-filled summer including sports, swimming, arts & crafts, games, special events and field trips. Time is also available for unstructured play. Weekly activities are theme-based. Camp runs Monday through Friday, 9am-3pm and is located at Cherry Hill Park. A parent handbook with more details will be available May 1.

*The Summer Fun Playground Program offers weekly field trips. Field trips have additional fees typically between \$10-\$15 per trip. There is no program for campers not attending the trip. Field trips locations and fees will be in the parent handbook.



Weekly: #385001-A, B, C, D, E, F, G, H
 Resident: \$165wk Non-Resident: \$185wk
 Session B will be prorated to R: \$135 / NR: \$155

Entire Summer: #385002-A
 Resident: \$775 Non-Resident: \$925

A	June 26-30	E	July 24-28
B	July 3-7 *No camp July 4	F	July 31-August 4
C	July 10-14	G	August 7-11
D	July 17-21	H	August 14-18

Before Care 7-9am \$45 (Session B: \$36) #389991-A, B, C, D, E, F, G, H **After Care** 3-6pm \$55 (Session B: \$44) #389992-A, B, C, D, E, F, G, H

Swim Lessons

The City of Falls Church offers American Red Cross swim lessons taught by Water Safety Instructors. These lessons are held at **Park Towers, 200 N. Maple Avenue, Falls Church, VA 22046**. Lessons are held during rain but will be rescheduled in the event of lightning. Sessions are two weeks long and cost \$110 for City residents and \$130 for non-City residents. Session B is discounted to \$100 and \$120 respectively. Summer Fun participants are escorted

Toddler and Me 18 months-3 years

Students will work on blowing bubbles, moving arms and legs independently. Participants will learn safety in and around water. Nursery rhymes, songs and floating toys will be part of the class. Caretakers must accompany children into the water. Class will follow the American Red Cross Parent & Child Aquatics Level 2 guide.

7/10-7/21 9:15-9:45am 385107-C
 8/7-8/18 9:15-9:45am 385107-G

Adapted Aquatics 4-12 years

In this 6-week session children with disabilities or attention deficits will work on water skills with a trained volunteer one on one. Students will be evaluated at the first session and will work on some or all of the following skills, appropriate to their level: water adjustment, water safety, breath control, swimming front and back, pulling and kicking, stroke development and refinement, endurance.

Weds: 7/5-8/9 1-1:30pm
 385116-B R: \$60 / NR: \$80

Preschool 4-5 years

Children will learn to enter and exit the water safely, blow bubbles, back float, front glide, change direction, the basics of swimming on front and back, as well as water safety in and around the water. Children complete a skills assessment upon completion.

American Red Cross Preschool Aquatic Level 1
 6/26-7/7 10:35-11:05am 385100-A
 7/10-7/21 10:35-11:05am 385100-C
 7/24-8/4 10:35-11:05am 385100-E
 8/7-8/18 10:35-11:05am 385100-G
 American Red Cross Preschool Aquatic Level 2
 6/26-7/7 11:15-11:45am 385115-A
 7/10-7/21 11:15-11:45am 385115-C
 7/24-8/4 11:15-11:45am 385115-E
 8/7-8/18 11:15-11:45am 385115-G

Beginner 6-11 years

Children will learn to enter and exit the water safely, blow bubbles, how to back float, front float, front glide, tread, change direction, the basics of swimming on front and back as well as water safety in and around the water. Children will work on submerging their entire body.

Upon completion, children will complete a skill assessment. ARC Learn to Swim Levels 1 & 2.
 6/26-7/7 9:55-10:25am 385108-A
 6/26-7/7 11:55am-12:25pm 385108-A1
 7/10-7/21 9:55-10:25am 385108-C
 7/10-7/21 11:55am-12:25pm 385108-C1
 7/24-8/4 9:55-10:25am 385108-E
 7/24-8/4 11:55am-12:25pm 385108-E1
 8/7-8/18 9:55-10:25am 385108-G
 8/7-8/18 11:55am-12:25pm 385108-G1

Intermediate 6-11 years

Swimmers will learn freestyle and elementary backstroke. They will learn frog, scissor, flutter and dolphin kick, improve on their ability to tread and be introduced to deep water. Upon completion, children will complete a skills assessment. ARC Learn to Swim Level 3.

6/26-7/7 9:55-10:25am 385110-A
 6/26-7/7 11:55am-12:25pm 385110-A1
 7/10-7/21 9:55-10:25am 385110-C
 7/10-7/21 11:55am-12:25pm 385110-C1
 7/24-8/4 9:55-10:25am 385110-E
 7/24-8/4 11:55am-12:25pm 385110-E1
 8/7-8/18 9:55-10:25am 385110-G
 8/7-8/18 11:55am-12:25pm 385110-G1



Advanced 6-11 years

Students will be introduced to backstroke, breaststroke, butterfly and sidestroke, and will improve on freestyle & elementary backstroke. They will learn deep water survival swimming as well as feet first, pike and tuck surface dives. They will learn a backstroke open and flip turn, and freestyle open and flip turn. This class will also teach junior lifeguarding skills & sculling. Upon completion, children will complete a skill assessment. ARC Learn to Swim Levels 4 & 5.

6/26-7/7 9:15-9:45am 385113-A
 7/10-7/21 9:15-9:45am 385113-C
 7/24-8/4 9:15-9:45am 385113-E
 8/7-8/18 9:15-9:45am 385113-G



Recreation and Parks Department Camps

Preschool Camps

3.5-6 years

In this creativity camp our activities will revolve around weekly themes. We'll provide children with different art mediums to do creative projects, connect the topic of the week to the books we read, to the music and to the songs we sing and enjoy a snack. Your child will get to take home his or her projects at the end of the week. The cost includes a daily snack and all supplies. Children must be potty trained. This is a state licensed program which requires additional paperwork to include, but not limited to, proof of age via birth certificate and a physical and immunization report. For all forms, please visit www.FallsChurchVA.gov/Preschool

Exploring the Ocean

Mon-Fri: 6/26-6/30 1-4pm
382010-A R: \$120 / NR: \$140

Magnets & Magnifiers

Mon-Fri: 7/10-7/14 1-4pm
382010-C R: \$120 / NR: \$140

Wonderful Watercolor

Mon-Fri: 7/17-7/21 1-4pm
382010-D R: \$120 / NR: \$140

Location: Preschool Room

Instructor: Recreation Department Staff

There is no extended care for this program.



Blast Into The Past 8-12 years

Campers will step back in time and experience first-hand what a young girl's life was like in 19th century Virginia. Young ladies will dress in period clothing, make crafts, play old-fashioned games, become amateur archaeologists and learn about life during the Civil War. Cost includes all materials and admission fees.

Mon-Fri: 7/10-7/14 9am-3pm
381801-C R: \$285 / NR: \$305

Mon-Fri: 7/24-7/28 9am-3pm
381801-E R: \$285 / NR: \$305

Mon-Fri: 8/28-9/1 9am-3pm
381801-J R: \$285 / NR: \$305

Location: Cherry Hill Farmhouse

Instructor: Recreation Department Staff

Before Care 7-9am 389991-C,E,J \$45

After Care 3-6pm 389992-C,E,J \$55

Excursion Camps

Field Trip Frenzy

8-11 years

Take an adventure with news friends! Campers will travel to different locations each day. Field trips will include outdoor adventures, swimming, entertainment and more. Our bus will depart from and return to the Falls Church Community Center. A detailed itinerary along with what to bring each day will be sent out in May.

Field Trip Frenzy!

Mon-Fri: 6/26-6/30 9am-4pm
383205-A R: \$340 / NR: \$360

Mon-Fri: 7/3-7/7* 9am-4pm
383205-B R: \$300 / NR: \$320

Mon-Fri: 8/28-9/1 9am-4pm
383205-J R: \$340 / NR: \$360

Before Care 7-9am 389991-A,B \$45

After Care 3-6pm 389992-A,B \$55

*No camp July 4



An American Adventure

10-14 years

Travel to some of our nation's iconic heritage sites to discover our country's past through influential places and hands on experiences. Each day of this week long camp will cover a different time in our nation's history. Past excursions have included Colvin Run Mill, Great Falls Boat Tour and Arlington House!

Mon-Fri: 7/17-7/21 9am-3pm
381802-D R: \$325 / NR: \$345

Location: Cherry Hill Farmhouse

Before Care 7-9am 389991-D \$45

After Care 3-6pm 389992-D \$55



Teen Excursion 11-15 years

Campers travel to exciting destinations each day of the week! Trips may include activities such as tubing, sailing and more! The camp week ends with a trip to Kings Dominion on Friday. An information packet is available at registration or visit www.fallschurchva.gov/Camps. All trips are subject to change. Alternate trips will take place in the event of inclement weather. Camp will return at 9pm on Friday.

Mon-Fri: 6/26-6/30 9am-5pm
383201-A R: \$390 / NR: \$410

Mon-Fri: 8/21-8/25 9am-5pm
383201-I R: \$390 / NR: \$410

Location: Bus or van will depart from and return to the Falls Church Community Center

Before Care 7-9am 389991-A/I \$45

After Care 3-6pm 389992-A/I \$55

Wet 'N Wild 11-15 years

Campers will go tubing, and visit local waterparks such as Splashdown & Hurricane Harbor at Six Flags! Campers will need to bring a swimsuit, towel, and a change of clothes each day. All trips are subject to change. For more information, visit www.FallsChurchVA.gov/Camps

Mon-Fri: 7/24-7/28 9am-5pm
383204-E R: \$360 / NR: \$380

Location: Bus or van will depart from and return to the Falls Church Community Center.

Before Care 7-9am 389991-E \$45

After Care 3-6pm 389992-E \$55



Amusement Park Thrills & Chills 12-15 years

In this exciting week, campers will visit Six Flags, Kings Dominion, Splashdown and more. Campers should wear comfortable clothing each day as well as bring a bathing suit and towel. Trip return times may vary.

For more information, visit:

www.FallsChurchVA.gov/Camps

Mon-Fri: 7/10-7/14 9am-9pm
383206-C R: \$475 / NR: \$495

Location: Bus or van will depart from and return to the Falls Church Community Center

Children ages 3-5 are limited to four weeks of contracted camps. They also may not participate in more than two consecutive weeks of contracted camps.

Children 6 & up are limited to five weeks of contracted camps per location.

Staff will monitor to ensure campers are within these parameters. If you have questions, please contact LaShawn Timmons, Camp Coordinator at 703-248-5307 or LTimmons@FallsChurchVA.gov

G-Street Fabrics 10-18 years

Even complete novices will complete something. Campers supply their own materials. A complete listing of needed supplies can be found www.fallschurchva.gov/camps.

Teen I

Mon-Fri: 7/17-7/21* 9am-1pm

382108-D R: \$275 / NR: \$295

Teen II

Campers will make skirt with darts

Mon-Fri: 7/24-7/28* 9am-1pm

382108-E R: \$275 / NR: \$295

Instructor: G-Street Fabrics

Location: Classroom at GMHS

Before Care: 7-9am 389991-D/E \$45

* There is no After Care for this camp.

Kids Cook Off 8-12 years

Kid cooks, bakers and chefs have joined the ranks of elimination style cooking contests and here at Tiny Chefs we are getting in on the action! In this exciting session, classes will be separated into rotating teams and each team will create recipes that are judged by the instructors in a blind taste test. Sometimes the teams will create the same item, and compete head to head, other times they will create different recipes within a theme.

Mon-Fri: 7/3-7/7 9am-3pm

382040-B R: \$268 / NR: \$288

Instructor: Tiny Chefs

Location: Art Room

Before Care 7-9am 389991-B \$36

After Care 3-6pm 389992-B \$4

*No camp July 4

Dips & Donuts 5-7 years

Does your kid love to dip their food? Chips in salsa, veggies in hummus, bread sticks in marinara sauce? How about dipping donuts in glazes and toppings? Savory recipes like Mexican Layered Dip or Spinach and Artichoke Dip in Wonton Wrappers will be made side-by-side with Lemon Glazed Blueberry Donuts and Pumpkin Donut Holes with Cinnamon Topping.

Mon-Fri: 7/17-7/21 9am-3pm

382038-D R: \$335 / NR: \$355

Instructor: Tiny Chefs

Location: Art Room

Before Care 7-9am 389991-D \$45

After Care 3-6pm 389992-D \$55

Camp She-EO 8-16 years

Every girl has what it takes to "be the boss" of her life, and maybe her business. Join other "Future CEOs" as we DREAM it, PLAN it, DO it, and OWN it! All campers create a dream board, a personal plan and receive a success journal and tote bag. A surprise guest speaker will also visit. Bring a lunch, snack, drink and YOUR IDEAS. More details at www.CampSheEO.com

Mon-Fri: 6/26-6/30 9am-3pm

382029-A R: \$289 / NR: \$309

Location: MEH Classroom

Before Care: 7-9am 389991-A \$45

After Care: 3-6pm 389992-A \$55

Chopped! 8-12 years

Never have food challenge reality shows been so popular and Chopped! is a favorite here at Tiny and Gourmet Chefs! We like it so much we decided to base a whole week long camp on the concept. Our version has the added twist of focusing on different cuisines every day of camp. So, each day the Tiny and Gourmet Chef campers will be presented with a basket with 3 or 4 ingredients, which reflect these different cuisines—French, Italian, Mexican, Asian and "All-American".

Mon-Fri: 8/7-8/11 9am-3pm

382024-G R: \$335 / NR: \$355

Instructor: Tiny Chefs

Location: Art Room

Before Care 7-9am 389991-G \$45

After Care 3-6pm 389992-G \$55

Super Hero Adventures 5-7 years

Superheroes have to eat too and we are going to let our Tiny and Gourmet Chefs figure out and make their favorite character's meals! Does Spiderman like Make-your-Own Spider Web Pizza best? Does Hulk like our Smashing Mac and Cheese with Broccoli because it has green in it or would he & Iron Man share some Captain America's Apple Pie? After they have spent several weeks creating heroic menus, they will close out the session by designing their own superhero and deciding what their favorite food will be. Come join us for some superhero culinary adventures!

Mon-Fri: 7/24-7/28 9am-3pm

382022-E R: \$335 / NR: \$355

Instructor: Tiny Chefs

Location: Art Room

Before Care 7-9am 389991-E \$45

After Care 3-6pm 389992-E \$55

Silver Knights Chess 5-13 years

Learn about chess from the Silver Knights Chess coaches! We have taught tens of thousands of children, including multiple state and national champions. Campers are broken up into groups by skill level, so we accept anyone from total beginners up through experienced and highly-rated tournament players. Each camper receives a t-shirt and a tournament-style chess set. Campers will take periodic breaks for snacks/lunch/recess. Activities include learning basic rules and strategy, openings, tactics, end-games, studying master games, playing games, and analyzing games against fellow students.

Mon-Fri: 7/10-7/14 9am-3pm

382103-C R: \$349/ NR: \$369

Mon-Fri: 7/10-7/14 9am-12pm

382103-C1 R: \$209/ NR: \$229

Mon-Fri: 7/10-7/14 12-3pm

382103-C2 R: \$209/ NR: \$229

Mon-Fri: 7/24-7/28 9am-3pm

382103-E R: \$349/ NR: \$369

Mon-Fri: 7/24-7/28 9am-12pm

382103-E1 R: \$209 / NR: \$229

Mon-Fri: 7/24-7/28 12pm-3pm

382103-E2 R: \$209 / NR: \$229

Mon-Fri: 7/31-8/4 9am-3pm

382103-F R: \$349 / NR: \$369

Mon-Fri: 7/31-8/4 9am-12pm

382103-F1 R: \$209 / NR: \$229

Mon-Fri: 7/31-8/4 12-3pm

382103-F2 R: \$209 / NR: \$229

Location: Classroom - MEH

Before Care: 7-9am 389991-C, E, F \$45

After Care 3-6pm 389992-C, E, F \$55

Remember To Pack Your Manners! 7-11 years

This camp encourages good communication and connections with others. Role-playing is actively integrated. The camp focuses on increasing their self-confidence, poise, respect. Essential topics that will be covered: Proper Introductions, Good Conversational and Listening Skills, Courtesy in Public Places, The Art of Developing Good Friends, Parties and Play dates, as well as Appropriate Table Manners. Snacks included.

Mon-Fri: 7/17-7/21 10am-1pm

382026-D R: \$250 / NR: \$270

Mon-Fri: 8/21-8/25 10am-1pm

382026-I R: \$250 / NR: \$270

Instructor: Manners Talk

Location: Cherry Hill Farmhouse

*There is no Before or After Care for this camp

Contracted Camps—Art and Dance

Tiny Dancers

3-5 years

On the last day of camp there will be a special performance for family and friends. *Extended care is not available.

Instructor: Tiny Dancers

Location: Community Center Dance Studio

Fancy Dance-y Camp

Fun, fabulous and fantastic--Fancy Nancy is NEVER plain! Each day a beautiful ballet lesson will be presented, an exciting new story will be read and performed in marvelous costumes, and a creative craft will be constructed.

Mon-Fri: 7/17-7/21 10am-12pm
380211-D R: \$200 / NR: \$220

Enchanted Castles Dance Camp

Come to the world of magic wands, enchanted spells and royal balls as we dance our way through classic cherished stories. Each day includes a theme related craft as well as instruction in ballet.

Mon-Fri: 7/31-8/4 10am-12pm
380212-F R: \$200 / NR: \$220

Happily Ever After Camp

Every ballerina's favorite ending to a magical tale! Have fun from start to finish with our reading and performance of a treasured story such as Frozen, Sleeping Beauty and Rapunzel each day. Ballet instruction, and a craft are provided.

Mon-Fri: 8/14-8/18 10am-12pm
380213-H R: \$200 / NR: \$220



Dance Yogi Kidz

7-11 years

Dance Yogi consists of physical activities that improve participant's form, flexibility, breath, skill and focus. Dance yoga is an innovative, creative, fun, dynamic way for kids to learn and enjoy the ancient art of Yoga! Through dance, music, rhythmic flow, balance and art participants will transform. On the last day of class parents get to observe the transformation in a live performance.

Mon-Fri: 8/21-8/25 9am-3pm
380224-I R: \$285 / NR: \$305

Instructor: Etheric Realms

Location: Art Room

Before Care 7-9am 389991-I \$45

After Care 3-6pm 389992-I \$55

Dream in Color Dance Camp

3-13 years

The Dream in Color Dance Camp provides training in Jazz, Hip Hop, Tap and Ballet. Students will experience daily technique and choreography classes. Students ages 5 & up should bring a bag lunch including a drink and an additional water bottle for use throughout the day. All sessions will end with a Dance Camp Performance. Ballet or Jazz shoes required for ages 8 & up.

Ages 3-4

Mon-Fri: 7/10-7/14 9am-12pm
380228-C R: \$190 / NR: \$210

Ages 5-7

Mon-Fri: 7/17-7/21 9am-3pm
380228-D R: \$240 / NR: \$260

Ages 8-10

Mon-Fri: 6/26-6/30 9am-3pm
380228-A R: \$240 / NR: \$260

Ages 11-13

Mon-Fri: 7/24-7/28 9am-3pm
380228-E R: \$240 / NR: \$260

Instructor: Dream In Color

Location: Dance Studio-Full

Extended Care is only for 5-13yo

Before Care 7-9am 389991-A/D/E \$45

After Care 3-6pm 389992-A/D/E \$55

"Let's Go Camping" Art 3-12 years

This art camp takes us to an imaginary world where we will hike, build a campfire, create a nature tapestry and learn about wild animals. We will learn all about camping by mapping our campground, designing our own camping trailer and "collecting" bugs in a jar.

Ages 3-6

Mon-Fri: 7/10-7/14 9am-12pm
382042-C R: \$198 / NR: \$218

Ages 6-12

Mon-Fri: 7/10-7/14 9am-3pm
382042-C1 R: \$298 / NR: \$318

Instructor: Abrakadoodle

Location: GMHS Classroom

*Extended Care is only for 6-12yo

Before Care 7-9am 389991-C \$45

After Care 3-6pm 389992-C \$55

"Wild & Wacky" Art 3-12 years

You'll love this camp if you love movies and the kooky characters, animations and illustrations in them....from minions to dinosaurs to out of this world environments! Explore animation, storyboards & more while exploring creative abilities.

Ages 3-6

Mon-Fri: 7/17-7/21 9am-12pm
382032-D R: \$198 / NR: \$218

Ages 6-12

Mon-Fri: 7/17-7/21 9am-3pm
382032-D1 R: \$298 / NR: \$318

Instructor: Abrakadoodle

Location: GMHS Classroom

Before Care 7-9am 389991-D \$45

After Care 3-6pm 389992-D \$55

*Extended Care is only for 6-12yo

Cheer & Hip Hop Dance

6-11 years

This camp will cover fundamentals: motions, jumps, chants & cheers, bounce & rhythm, house dance and more.

Mon-Fri: 8/7-8/11 9am-3pm
382048-G R: \$175 / NR: \$195

Instructor: Athletes Global

Location: Dance-Full

Extended Care is only for 5-13yo

Before Care 7-9am 389991-G \$45

After Care 3-6pm 389992-G \$55

Zumba Kids Camp

6-11 years

Zumba Kids camps are rockin', high energy DANCE parties that develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness FUN!

Mon-Fri: 7/10-7/14 9am-3pm
382049-C R: \$175 / NR: \$195

Instructor: Athletes Global

Location: Dance-Full

Extended Care is only for 5-13yo

Before Care 7-9am 389991-C \$45

After Care 3-6pm 389992-C \$55

Something Fishy Art 3-12 years

Something's fishy about the way we are creating our art! From fish signs to colorful underwater scenes to cats dreaming of fish, those scaly swimmers are all around us.

Ages 3-6

Mon-Fri: 7/31-8/4 9am-12pm
382033-F R: \$198 / NR: \$218

Ages 6-12

Mon-Fri: 7/31-8/4 9am-3pm
382033-F1 R: \$298 / NR: \$318

Instructor: Abrakadoodle

Location: GMHS Classroom

Before Care 7-9am 389991-F \$45

After Care 3-6pm 389992-F \$55

*Extended Care is only for 6-12yo

WOW Effects Art 3-12 years

This art camp has WOW effects! From jumping lines to colorful geometrics to roads sending us off into the horizon, we'll learn about making an impression. It may be colorful yet soft impression or bold impression.

Ages 3-6

Mon-Fri: 8/7-8/11 9am-12pm
382034-G R: \$198 / NR: \$218

Ages 6-12

Mon-Fri: 8/7-8/11 9am-3pm
382034-G1 R: \$298 / NR: \$318

Instructor: Abrakadoodle

Location: GMHS Classroom

Before Care 7-9am 389991-G \$45

After Care 3-6pm 389992-G \$55

*Extended Care is only for 6-12yo

Contracted Camps - Karate, Singing and Theatre

Adventures in Podcasting 8-18 years

Using improv and collaboration, students will make characters and situations, sound effects and stories, all of which will come together for a 'live radio' podcast! Students will create structured scenes through role-playing and vocal expression rich with imagery. Family and friends are invited to a sharing on the last day!

Mon-Fri: 7/24-7/28 9am-3pm
382100-E R: \$295 / NR: \$315

Instructor: Educational Theatre Company

Location: Classroom at MEHMS

Before Care 7-9am 389991-E \$45

After Care 3-6pm 389992-E \$55

ETC #Physical Comedy 8-18 years

@ETC's physical comedy camp, we're making reality virtual. Tumblers of all ages will learn clown, commedia, general comedy, and slapstick. Campers learn to perform "on their feet," then construct their work into original 6 second 'Vine' video scenes. Teens develop leadership skills by learning to direct younger students. Friends & family are invited to a sharing of the scenes and vines on the last day of camp.

Mon-Fri: 7/31-8/4 9am-3pm
382101-F R: \$295 / NR: \$315

Instructor: Educational Theatre Company

Location: Classroom at MEHMS

Before Care 7-9am 389991-F \$45

After Care 3-6pm 389992-F \$55



ETC's Sketch Comedy Camp

8-18 years

Back again for another summer with hilarious sketches! Campers use improvisational skills to develop original "sketch comedy" in the tradition of "Saturday Night Live." Techniques such as control of the audience's focus, comedic timing, and creative use of one's voice are developed. Counselors-in-Training will help direct youth scenes while creating scenes of their own. Friends & family are invited to a sharing on the last day of camp.

Mon-Fri: 8/7-8/11 9am-3pm
382102-G R: \$295 / NR: \$315

Instructor: Educational Theatre Company

Location: Classroom at MEHMS

Before Care 7-9am 389991-G \$45

After Care 3-6pm 389992-G \$55

Act it Out! 3.5-6 years

Take an adventure in this theater & arts program that uses storybooks to emphasize positive values. Each day these young actors will play basic acting games, act out stories and create art projects related to the theme of the day. Campers will present their favorite story on the last day!

Mon-Fri: 7/31-8/4 9am-12pm
382104-G R: \$175 / NR: \$195

Instructor: C.A.R.E. Actor

Location: GMHS Classroom

*There is no extended care for this camp.

Dramatic Kids! 6-11 years

The world of theater & art come to life in this camp. Young artists will take part in theater games, playwriting, set & costume design and more. On the last day, campers will present their original play based on current topics & positive values!

Mon-Fri: 7/17-7/21 9am-3pm
382105-D R: \$295 / NR: \$315

Instructor: C.A.R.E. Actor

Location: Classroom at MEHMS

Before Care 7-9am 389991-D \$45

After Care 3-6pm 389992-D \$55



Theatrical Teens! 11-15 years

This theater & arts camp invites teens to engage in improvisational theater techniques, playwriting, set & costume design, while discussing current topics. A short play will be presented on the last day of camp.

Mon-Fri: 7/10-7/14 9am-3pm
382106-C R: \$295 / NR: \$315

Instructor: C.A.R.E. Actor

Location: GMHS Classroom

Before Care 7-9am 389991-C \$45

After Care 3-6pm 389992-C \$55

Singing Kidz 7-11 years

Singing Kidz offers an innovative, creative and fun way for kids to learn and enjoy singing. Participants discover how breath, voice, music and yoga can be used together to take their signing to higher heights. Whether your child is already a singer or dreams of becoming one, this camp will take them one step closer. A performance for parents will be held Friday afternoon.

Mon-Fri: 7/10-7/14 9am-3pm
380223-C R: \$285 / NR: \$305

Instructor: Etheric Realms

Location: Classroom - MEH

Before Care 7-9am 389991-C \$45

After Care 3-6pm 389992-C \$55

The Story of Karate 6-12 years

This camp is designed to let youngsters experience the origins of karate. Campers are set in medieval Japan where they play the part of farmers forced to pay taxes by the emperor's soldiers. Tired of being taken advantage of, strolling through the woods one day, they mimic the movements of wild animals and develop a powerful form of unarmed self-defense which they name karate. They use their new found skills to take back their lives. Camp includes challenge games, calisthenics, martial arts basics, and a focus on learning animal moves. This is an indoor/outdoor camp with hikes, nature learning and an outdoor water activity on Thursday. A play demonstrating what they have learned will be performed at the end of the week.

Mon-Fri: 7/3-7/7 9am-3pm
381410-B R: \$224 / NR: \$244

Instructor: WCRB Karate

Location: Community Center Dance Studio

Before Care 7-9am 389991-B \$36

After Care 3-6pm 389992-B \$44

*No camp July 4



Ninja vs. Zombie Karate Camp

6-13 years

Camp participants are thrust back in time to ancient Japan. They are among the nation's elite Ninja Warriors, who are summoned by the King to go on a secret mission to an abandoned castle on Zombie Island to secure his scepter that was stolen from him and placed there by his evil nephew Mashugana. The King can't rule without it! All training aids are child proof. Activities include challenge games, calisthenics, martial arts basics, outdoor play, arts and crafts, gymnastics basics and obstacle course play. One Tuesday, campers are invited to bring their bicycles or scooters. On Thursday, there will be an outdoor water-play activity. Schedule is subject to change due to weather.

Mon-Fri: 8/14-8/18 9am-3pm
381407-H R: \$280 / NR: \$300

Mon-Fri: 8/21-8/25 9am-3pm
381407-I R: \$280 / NR: \$300

Instructor: WCRB Karate

Location: Community Center Dance Studio

Before Care 7-9am 389991-H/I \$45

Contracted Camps - STEAM

Ninjaneering 5-7 years

This is an engineering and drawing workshop. Instructors lead students in Ninjaneering to build Fire Temples, race Samukai's Skull Truck, and encounter Elemental Dragons based on the world of Ninjago®. Students will also make their own Anime comic book.

Mon-Fri: 7/3-7/7 9am-3pm
384024-B R: \$292 / NR: \$312

Instructor: Play-Well Technologies and Young Rembrandts

Location: Classroom at MEHMS
Before Care 7-9am 389991-B \$36
After Care 3-6pm 389992-B \$44
*No camp July 4

Superheroes Adventures 6-12 years

Students create their own unique Superhero characters in cartoon action scenes. Then, build the vehicles and hideouts of your caped crusaders. Be the super-hero or super-heroine your city needs while engineering and drawing solutions through the use of STEAM concepts!

Mon-Fri: 7/24-7/28 9am-3pm
382022-E R: \$365 / NR: \$385

Instructor: Play-Well Technologies and Young Rembrandts

Location: Classroom at GMHS
Before Care 7-9am 389991-E \$45
After Care 3-6pm 389992-E \$55

Jedi Masters 7-12 years

This is an engineering and drawing workshop. Instructors lead students in Jedi Engineering with LEGO® to explore famous planets. Young Rembrandts instructors teach students to draw space-age characters and starships.

Mon-Fri: 8/7-8/11 9am-3pm
384025-G R: \$365 / NR: \$385

Instructor: Play-Well Technologies and Young Rembrandts

Location: Classroom at MEHMS
Before Care 7-9am 389991-G \$45
After Care 3-6pm 389992-G \$55

Science Magic

Children have fun learning science-based "magic tricks" and learn about the environmental issues of their location and community. At the end of the camp, a Magic Show that helps "change" the environment for the better.

Ages 5-6

Mon-Fri: 7/24-7/28 9am-12pm
384026-E R: \$215 / NR: \$235

*There is no PM care for this camp

Ages 7-11

Mon-Fri: 7/24-7/28 9am-3pm
384026-E1 R: \$315 / NR: \$335

Location: iSchool for the Future

Location: Classroom at GMHS
Before Care 7-9am 389991-E \$45
After Care 3-6pm 389992-E \$55

Sciensational -The workshops below are all half day programs. Campers registered for both the morning and afternoon sessions will be supervised during the lunch break. www.sciensational.net

Location: Community Center Art Room
Before Care 7-9am 389991-A,C,F,H \$45 After Care 3-6pm 389992-A,C,F,H \$55

Harry Potter 7-12 years

All aboard for lots of hands-on fun. Join in the escapades of Harry and his friends. Play quidditch. Make an edible wand. We will brew some fantastic potions to drink. Let's create and watch some amazing chemical reactions. Watch a mirage appear. You won't believe it! Wonder where the sorting hat will place you? Make cool crystals. Come join us where the magic of science, art, and literature meet. Harry, Ron, and Hermione are waiting for your arrival! Experiment with colored magic sand. See a mysterious glowing ball.

Mon-Fri: 6/26-6/30 9am-12pm
384002-A R: \$195 / NR: \$215

Prospector's Mystery 7-12 years

You are going to be a Prospector (you know those people who were looking for gold). In this workshop you will get to excavate for valuable gems, fascination rocks and some ancient fossils. All are yours to keep. What hidden wonders will you find? You will experience the thrill of discover. Much as prospector did.

Mon-Fri: 6/26-6/30 12:45-3:45pm
384002-A1 R: \$195 / NR: \$215

Follow Me Robot 7-12 years

How would you like to build a robot that has four built-in microphones. It will detect the sound source and in turn it will move and turn accordingly. It is your own robot to build and take home.

Mon-Fri: 7/10-7/14 9am-12pm
384002-C R: \$195 / NR: \$215

CSI Crime Scene Investigation

7-14 years

Have fun learning about forensics, crime scene investigations, and crime lab chemistry as you perform as many as 15 different experiments designed to show you just how those tricky cases are solved. Participants will then use their skills to solve crimes of the century.

Mon-Fri: 7/10-7/14 12:45-3:45pm
384016-C1 R: \$195 / NR: \$215



3-D Illumination 7-12 years

Experiment, have fun and take home your own 3D Illumination Electronic Kit. See a three-color light tunnel. Activities include building your own security house. No one will enter as the alarm sounds and color LED flashes. Play button ball or hole ball. Build a projector that will show six cool images. Use your 3D color glasses. Build a house with lights.

Mon-Fri: 7/31-8/4 9am-12pm
384017-F R: \$195 / NR: \$215

Amazing 4 in 1 Robot 7-12 years

Build your own interchangeable robot to take home with four unique modes. It is truly a four-in-one motorized robot kit. You will be building the Cricket--a joy on six legs. Build the Beast. It is a master of bi-pedal movement. You better not get in its way! You will also build the Trailer--the little engine that could move forward thanks to its motorized transmission. Finally, the best of all, Grandpa-Bot Robot. It has huge eyes and is everyone's favorite bobble-headed, gear driven family member. It is easy transforming between the four modes.

Mon-Fri: 7/31-8/4 12:45-3:45pm
384018-F1 R: \$195 / NR: \$215

Can You Dig It 7-12 years

Each child will partake in a simulated fossil excavation, uncovering the different bones of a dinosaur. Each child will then assemble the bones to form a completed 3-dimensional dinosaur to be taken home. We will bring the excavation tools, labels and specimen bags. We will use our geological time and fossil charts. You will make a plaster fossil replica of an ammonite, Tyrannosaurus rex tooth or choose from other molds. You'll identify 20-million year old shark's teeth and see other fossil replicas such as, a cave bear tooth, an ammonite, a Tyrannosaurus rex tooth or a dinosaur egg etc.

Mon-Fri: 8/14-8/18 9am-12pm
384019-H R: \$195 / NR: \$215

All Terrain Tracker Vehicle 7-12 year

Build and take home your very own All-Terrain Tracker Vehicle! It travels the rough terrain overcoming objects in its path. Sand, stones, twigs, and balls will all be part of the challenge. How about a timed race? You will also learn about gears. Work in a group with your new friends as you design a robot you can control. Build a Sumo wrestler and be part of our battle box events. Loads of fun and education in store the Sciensational way!

Mon-Fri: 8/14-8/18 12:45-3:45pm
384020-H1 R: \$195 / NR: \$215

Contracted Camps - STEM & Adventure

Innovation Lab 7-11 years

Explore, experiment, question, plan, design and build structures, gadgets, and solutions, as you create your own invention. Using an age-appropriate 21st Century Skills and Creative STEM curriculum, children have fun building and playing with science and technology, and feel proud as they pitch their idea to a wider audience. This innovative course will encourage self-discovery and help children think outside-the-box about real-world problems. Parents receive daily updates.

Mon-Fri: 8/14-8/25 9am-3pm
384021-H R: \$625 / NR: \$645

Instructor: iSchool for the Future

Location: Community Center Teen Center

Before Care 7-9am 389991-H, I \$45

After Care 3-6pm 389992-H, I \$55

Two week camp!

Movie Making 8-13 years

Campers learn the shooting and editing techniques used by industry professionals. Make a professional-quality digital movie and create incredible Hollywood-style animations, transitions and effects, including green screen for advanced effects.

Mon-Fri: 7/10-7/14 9am-3pm
384007-C R: \$375 / NR: \$395

Location: Classroom - MEH

Instructor: Digital Kids

Before Care 7-9am 389991-C \$45

After Care 3-6pm 389992-C \$55

Nature Photography & Hiking 10-17 years

Campers learn about digital photography while hiking local nature trails and parks. Camp will include lab and field components to teach camera functions, lighting, composition and types of subjects. Students learn how to make edits to enhance images. All students should have an SD Card and Flashdrive. Students are encouraged to bring their own digital camera. For itineraries and more visit: www.fishandexplore.com or contact John Lipetz: 703-609-8083 /

jdlipetz@fishandexplore.com

Mon-Fri: 8/7-8/11 8:30am-4:30pm 381800-G R: \$495 / NR: \$515

Instructor: Fish and Explore, LLC

Location: Van departs from and returns to the Falls Church Community Center

Before Care 7-9am 389991-G \$45

After Care 3-6pm 389992-G \$55



Paddle & Explore 8-12 years Campers paddle kayaks along local waterways, ponds and lakes. Campers will learn kayaking skills while getting up close to native wildlife. Campers will paddle through animal habitats allowing them the opportunity to take amazing photographs. Beach stops allow campers to wade and observe small critters that live the life aquatic. Students wear lifejackets when in the water or on a boat. Bring lunch, snack change of clothes, sneakers or river shoes and towel. For itineraries and more, visit www.fishandexplore.com or contact John Lipetz with any questions at 703-609-8083 or jdlipetz@fishandexplore.com.

Mon-Fri: 7/10-7/14 8:30am-4:30pm 381710-C R: \$595 / NR: \$615

Instructor: Fish and Explore, LLC

Location: Van departs from and returns to the Falls Church Community Center

Before Care 7-9am 389991-C \$45 After Care 3-6pm 389992-C \$55

Game Design 8-13 years

This innovative course in computer technology is perfect for computer whiz's who love to design and create. In this camp, we don't just play video games. We create them! Students learn the basic principles behind making arcade and platform games using Multimedia Fusion 2 and Adobe Photoshop and build their own custom characters, produce their own music and sound effects to import into your games. Also learn the art of animation and how to upload games to a web site.

Mon-Fri: 7/17-7/21 9am-3pm
384022-D R: \$375 / NR: \$395

Instructor: Digital Kidz

Location: Classroom at MEHMS

Before Care 7-9am 389991-D \$45

After Care 3-6pm 389992-D \$55

Tech Savvy Girls 8-14 years

Design a fashion trend website, edit photos of you and your friends, learn graphic design, animation, musical compositions, 3D modeling, gaming or create a digital video. Girls work with a new breed of robotics that integrates art and technology to spark creative thinking. Guest speakers teach girls about the latest, relevant technologies and how they can tie into future careers.

Mon-Fri: 7/31-8/4 9am-3pm
384008-F R: \$375 / NR: \$395

Instructor: Digital Kidz

Location: Classroom at MEHMS

Before Care 7-9am 389991-F \$45

After Care 3-6pm 389992-F \$55

Olympic Trials 6-12 years

On your mark...Get set...GO! Join us as we "go for the Gold" by Learning about different strategies to help us be our best selves. At PhysioFit Kids, WE ARE SCIENCE!

Mon-Fri: 8/14-8/18 9am-3pm
382045-H R: \$315 / NR: \$335

Instructor: PhysioFit Kids

Location: Community Center

Before Care 7-9am 389991-H \$45

After Care 3-6pm 389992-H \$55

Made to Move! 6-12 years

KICK! BEND! SQUAT! JUMP! Come get active with PhysioFitKids! With super fun learning activities, oozy, gooey arts and crafts and way too cool science experiments, we'll learn all about what makes our muscles move and how YOU fit into science!

Mon-Fri: 8/7-8/11 9am-3pm
382046-G R: \$315 / NR: \$335

Instructor: PhysioFit Kids

Location: MEH Classroom

Before Care 7-9am 389991-G \$45

After Care 3-6pm 389992-G \$55

Learn to Code, a Beginner's Guide to Coding 10-16 years

Learn how to write JavaScript and HTML code, computer maintenance, the basics of computer hardware and how software is made by building custom applications and websites.

Campers must bring their own laptop.

Mon-Fri: 8/7-8/11 8:30am-12pm
384010-G R: \$269 / NR: \$289

Mon-Fri: 8/21-8/25 8:30am-12pm
384010-I R: \$269 / NR: \$289

Location: Preschool Room

Instructor: LAD Communications & Technology

Before Care 7-9am 389991-G,I \$45

*There is no After Care for this camp.

Computer Technology for the Creative Teen 10-16 years

Produce a Podcast, shoot & edit video, create your own flash website, make your own 3D landscape, design your own iPhone case & make music beats. **Campers must bring their own laptop.**

Mon-Fri: 8/7-8/11 1-4:30pm
384011-G R: \$269 / NR: \$289

Mon-Fri: 8/21-8/25 1-4:30pm
384011-I R: \$269 / NR: \$289

Location: Preschool Room

*There is no Before Care for this camp.

After Care 3-6pm 389992-G,I \$55

Contracted Camps - Fishing, Biking & Tennis

Fish & Explore Fishing Camp

10-17 years

Campers fish in public and private lakes, ponds, reservoirs, rivers, streams, creeks and the Chesapeake Bay. Having a 1 to 4 instructor to student ratio provides individualized attention to each student as they learn about casting and rigging, knot tying, selecting tackle and lures and identifying fish. Students learn watercraft identification, reading the water, targeting specific species of fish and river navigation. Students will wear lifejackets when in the water or on a boat. Fish and Explore provides all drinks, bait and tackle, rods and reels, and lifejackets. Scouts may earn their fishing merit badge. For itineraries and more visit: www.fishandexplore.com or contact John Lipetz at 703-609-8083 or jdlipetz@fishandexplore.com

Mon-Fri: 6/26-6/30 8:30am-4:30pm
381709-A R: \$595 / NR: \$615

Instructor: Fish and Explore, LLC

Location: Van departs from and returns to the Falls Church Community Center
Before Care 7-9am 389991-A \$45
After Care 3-6pm 389992-A \$55



Virginia Fishing Adventures

8-14 years

Campers learn beginner and intermediate tactics for freshwater fishing in nearby private ponds and rivers, as well as the Chesapeake Bay. We have access to some excellent private waters where campers are assured success. Counselor-to-camper ratio is 1-to-4 to allow for one-on-one instructional time each day. Campers may earn their fishing merit badge. Safety is our number one priority, so campers will wear lifejackets when in the water or on a boat. Virginia Fishing Adventures provides bait and tackle, rods and reels, lifejackets, and good times. Please visit www.virginiafishingadventures.com for more details or contact Tee Clarkson at 804-272-6362 tsclarkson@virginiafishingadventures.com.

Mon-Fri: 7/10-7/14 8:30am-4:30pm
381705-C R: \$550 / NR: \$570

Mon-Fri: 7/24-7/28 8:30am-4:30pm
381705-E R: \$550 / NR: \$570

Mon-Fri: 8/14-8/18 8:30am-4:30pm
381705-H R: \$550 / NR: \$570

Instructor: Virginia Fishing Adventures

Location: Camp departs from and returns to the Falls Church Community Center
Before Care 7-9am 389991-C/E/H \$45
After Care 3-6pm 389992-C/E/H \$55

Little Shots Tennis Camp 4-6 years

This camp introduces tots to tennis through fun games and activities designed to build eye-hand coordination and familiarity with the tennis ball and racket. Parents are welcome to stay at the court site. Camps will be canceled in the event of rain or excessive heat.

Mon-Fri: 6/26-6/30* 8:15-9:30am 381901-A R: \$128 / NR: \$148

Mon-Fri: 7/10-7/14* 8:15-9:30am 381901-C R: \$128 / NR: \$148

Mon-Fri: 7/24-7/28* 8:15-9:30am 381901-E R: \$128 / NR: \$148

Mon-Fri: 8/7-8/11* 8:15-9:30am 381901-G R: \$128 / NR: \$148

Mon-Fri: 8/21-8/25* 8:15-9:30am 381901-I R: \$128 / NR: \$148

Instructor: FirstServe Tennis **Location:** GMHS Tennis Court #1

*There is no extended care for this camp.

Tennis I & II Fun & Fundamentals 7-10 years

Through fun "games-based" activities and differentiated instruction, beginners (Tennis 1) and experienced players (Tennis 2) learn & practice the fundamental strokes with emphasis on forehands, backhands and volleys. Players will be grouped by age and/or ability. Ratio 6:1 Camps will be canceled in the event of rain or excessive heat.

Mon-Fri: 6/26-6/30* 9:45am-12:15pm 381902-A R: \$256 / NR: \$276

Mon-Fri: 7/10-7/14* 9:45am-12:15pm 381902-C R: \$256 / NR: \$276

Mon-Fri: 7/24-7/28* 9:45am-12:15pm 381902-E R: \$256 / NR: \$276

Mon-Fri: 8/7-8/11* 9:45am-12:15pm 381902-G R: \$256 / NR: \$276

Mon-Fri: 8/21-8/25* 9:45am-12:15pm 381902-I R: \$256 / NR: \$276

Instructor: FirstServe Tennis **Location:** GMHS Tennis Court #1

*There is no extended care for this camp.

Tennis I & II Fun & Fundamentals 10-14 years

Through fun "games-based" activities and differentiated instruction, beginners (Tennis 1) and experienced players (Tennis 2) learn & practice the fundamental strokes with emphasis on forehands, backhands and volleys. Players will be grouped by age and/or ability. Ratio 6:1 Camps will be canceled in the event of rain or excessive heat.

Mon-Fri: 7/3-7/7* 9:45am-12:15pm 381903-B R: \$205 / NR: \$225

Mon-Fri: 7/17-7/21* 9:45am-12:15pm 381903-D R: \$256 / NR: \$276

Mon-Fri: 7/31-8/4* 9:45am-12:15pm 381903-F R: \$256 / NR: \$276

Mon-Fri: 8/14-8/18* 9:45am-12:15pm 381903-H R: \$256 / NR: \$276

Instructor: FirstServe Tennis **Location:** GMHS Tennis Court #1

*There is no extended care for this camp.

*No camp July 4

Tennis campers 6-12 years in Session C and/or G can register for afternoon half day art camp. Camp details on page 6

Let's Go Camp Mon-Fri: 7/10-7/14 382042-C2

WOW Effects Art Mon-Fri: 8/7-8/11 382042-G2

12:15pm-3pm R: \$135 / NR: \$155

Mountain Biking 8-13 years

Join Virginia Outside for daily instruction, trail rides, and lots of fun. Campers will develop skills including: steering, shifting, hill climbing and descending, log hopping, dodging obstacles, etiquette, maintenance, safety and more. Campers ride in the morning, have a midday activity with time to cool down then get back on the bikes in the afternoon. Bikes and helmets provided by Virginia Outside, but campers are welcome to bring their own. Campers should know how to ride a bike before attending this camp. Please visit virginiaoutside.com for more information or contact Tee Clarkson at 804-272-6362 or tsclarkson@virginiaoutside.com

Mon-Fri: 6/26-6/30 8:30am-4pm
381707-A R: \$525 / NR: \$545

Mon-Fri: 7/31-8/4 8:30am-4pm
381707-F R: \$525 / NR: \$545

Instructor: Virginia Fishing Adventures

Location:



Contracted Camps - Horseback Riding & Adventure



Camp Olympia- Horseback Riding 8-14 years

This camp provides recreational activities to include horseback riding, swimming and sports. Programs are broken into activity hours with two activity hours dedicated to horseback riding lessons each day except Thursday. These lessons may be scheduled back to back or spread out throughout the day. Children ages 10 and up have a variety of unmounted horse activities including leading, unsaddling, grooming, bathing, cleaning tack, plus barn responsibilities. Campers ages 10 and up who wish to may participate in other camp activities for their age group in lieu of unmounted activities. Campers ages 8 and 9 will have unmounted activities on Thursday only but have the opportunity to participate in other camp activities such as swimming, tennis, soccer, and other games. A copy of your child's immunization records are required to be collected before camp. Campers will need a lunch, snack, sneakers and loose fitting clothing for play, long pants and smooth, hard soled shoes for riding and a swimsuit and towel for swimming. Camp is held at 5511 Muncaster Mill Rd. Rockville, MD 20855.

Onsite camp hours are 9:30am-3:30pm.

Mon-Fri: 7/24-7/28 8am-5pm
383003-E R: \$580 / NR: \$600

Mon-Fri: 8/7-8/11 8am-5pm
383003-G R: \$580 / NR: \$600

Instructor: Camp Olympia

Location: Bus departs from and returns to the Falls Church Community Center
Before Care 7-9am 389991-E/G \$45
After Care 3-6pm 389992-E/G \$55



Inner Quest 10-16 years

Explore the great outdoors in this exciting adventure camp. The Inner Quest camp is a mobile camp for the new and experienced adventurer. Activities include programming in Challenge Course (Ropes and Initiatives), Orienteering, Rock climbing/Rappelling, Canoeing and other related outdoor skills. Additional activities such as Caving and Kayaking could be substituted, especially if campers are returning each session. Individualized instruction, skill development, teamwork and fun are the focus of camp! Campers need to provide their own lunches and water bottles. Each camper will receive a t-shirt. Please note: In addition to the processing fees for cancellation, there will be an additional fee of \$75 for campers asking for a refund.

Mon/Wed/Fri: 7/3-7/7 8am-4pm
383102-B R: \$487 / NR: \$507

Mon-Fri: 7/17-7/21 8am-4pm
383102-D R: \$552 / NR: \$572

Mon-Fri: 8/21-8/25 8am-4pm
383102-I R: \$552 / NR: \$572

Mon-Fri: 8/28-9/1 8am-4pm
383102-J R: \$552 / NR: \$572

Instructor: Inner Quest

Location: Van will depart from and return to the Falls Church Community Center
Before Care 7-9am 389991-B/D/I \$45
After Care 3-6pm 389992-B/D/I \$55
*No Extended Care Week J

Clay Hill Horseback Riding 9-14 years

Children will have lessons in safety and horse management to include grooming, leading, saddling, bridling, washing, clipping, mucking, tack care, mounting, dismounting, and correct position at the walk and trot. Campers will learn riding skills such as cantering and jumping, and learn about the propensities of horses/ponies. Additionally, campers will watch equestrian movies and participate in equestrian arts and crafts projects.

Please visit www.clayhillstables.com for more information.

- Certified ASTM approved helmets provided
- Campers must wear hard-soled shoes or boots

- Horse show and BBQ Friday afternoon.

- Onsite hours are 9am to 3:30pm.

- Onsite location is Clay Hill Stables: 9911 Old Ardwick-Ardmore Rd., Springdale, MD 20774.

Mon-Fri: 7/10-7/14 8am-4:30pm
383002-C R: \$500 / NR: \$520

Mon-Fri: 7/31-8/4 8am-4:30pm
383002-F R: \$500 / NR: \$520

Instructor: Clay Hill Stables

Location: Bus departs from and returns to the Falls Church Community Center
Before Care 7-9am 389991-C/F \$45
After Care 3-6pm 389992-C/F \$55

Adventure & Water Sports 9-14 years

Campers participate in canoeing, kayaking, swimming, rock climbing, archery, air rifle, gymnastics and more. The facility has two pools, a 2 acre lake, a climbing wall, archery range, and more and is surrounded by nature. Campers are divided by age and gender.

For more information: www.valleymill.com
Required camp paperwork is due at least two weeks prior to the first day of camp and includes immunization records. This is a peanut free camp. •Onsite camp hours are 9am to 4pm. Valley Mill is located at 15101 Seneca Road, Germantown, MD 20874

Mon-Fri: 8/7-8/11 8am-5pm
383005-G R: \$535 / NR: \$555

Mon-Fri: 8/14-8/18 8am-5pm
383005-H R: \$535 / NR: \$555

Instructor: Valley Mill

Location: Bus will depart from and return to the Falls Church Community Center
Before Care 7-9am 389991-G/H \$45
After Care 3-6pm 389992-G/H \$55



Adventure Sports & Horseback Riding 9-14 years

Campers participate in horseback riding or a horse activity once per day and participate in activities such as canoeing, kayaking, swimming, archery, air rifle, gymnastics, and more throughout the rest of the day. Valley Mill has two pools, a 2 acre lake, a climbing wall, archery range, stables and more and is surrounded by nature. For more information: www.valleymill.com. This option is females only. Males may participate in the Adventure and Water Sports Camp above. Required camp paperwork is due at least two weeks prior to the first day of camp and includes immunization records. This is a peanut free camp. Onsite camp hours are 9am to 4pm. Valley Mill is located at 15101 Seneca Road, Germantown, MD 20874

Mon-Fri: 8/7-8/11 8am-5pm
383006-D R: \$600 / NR: \$620

Mon-Fri: 8/14-8/18 8am-5pm
383006-E R: \$600 / NR: \$620

Instructor: Valley Mill

Location: Bus will depart from and return to the Falls Church Community Center
Before Care 7-9am 389991-G/H \$45
After Care 3-6pm 389992-G/H \$55

Contracted Camps - Sport Camps

Play Up Cross Training 101

11-18 years

In the Cross Training 101 camp you will be instructed and tested in the following areas: Strength, Mobility, Agility, Speed, Power, Nutrition, and Recovery. This camp is for athletes who have a base level of conditioning, and more importantly, want to test their limits with other athletes in a cross-sport environment. **Mon-Fri: 7/3-7/7 9am-3pm**

381011-B R: \$140/ NR: \$160

Instructor: Play Up Sports

Location: Main Gym- GMHS

Before Care 7-9am 389991-B \$36

After Care 3-6pm 389992-B \$44

*No camp July 4

Golf Camp

8-15 years

Every Body Golf School offers our popular Junior Camps. Junior Camps feature five half-days of certified instruction for boys and girls. Campers learn putting, chipping, irons, woods, sand play, rules, etiquette, and course management. All campers receive a diploma, water bottle, T-shirt, hat, logo ball, tees, green repair tool, ball marker, and snacks. Loaner clubs provided. You will travel by van to the Golf School at 3200 Jermantown Rd, Oakton, VA 22124. The bus will depart from and return to the Falls Church Community Center.

Mon-Fri: 7/31-8/4 9am-3pm
381601-F R: \$475 / NR: \$495

Mon-Fri: 8/14-8/18 9am-3pm
381601-H R: \$475 / NR: \$495

Instructor: Every Body Golf School

Location: Van will depart from and return to the Falls Church Community Center.

Before Care 7-9am 389991-F/H \$45

After Care 3-6pm 389992-F/H \$55

Pure Performance Softball

7-12 years

Our goal is to provide a safe and fun learning environment for your child while instructing hitting, throwing fielding and helping them to be the strongest softball player possible. An age appropriate and softball specific warm-up designed by a Certified Strength and Conditioning Specialist is taught to all players. One nutrition "nugget" of knowledge is shared with players every day over lunch. Players are divided according to age and skill level.

Mon/Wed-Fri: 7/3-7/7 9am-3pm
381008-B R: \$220 / NR: \$240

Location: Softball Field

Before Care 7-9am 389991B \$36

After Care 3-6pm 389992-B \$44

Introduction to Olympic Sport Fencing 9-17 years

Fencing is an Olympic Sport, beneficial for students of all athletic abilities. Often called the physical game of chess, it improves coordination, balance, grace, and quick reflexes. This course primarily uses the Foil (a light thrusting sword), but also introduces the Sabre (the modern equivalent of the cavalry sword), and the Epee (the modern equivalent of the rapier). Students use safety tipped swords, protective jackets, masks and a glove.

•This camp is held at the Virginia Academy of Fencing, located at 5401-B Port Royal Rd., Springfield, VA. Transportation is not provided.

•A completed registration form and an equipment rental fee of \$49 payable to VAF is due on the first day of class.

Mon-Fri: 6/26-6/30 9am-12pm 381701-A R: \$190 / NR: \$210

Mon-Fri: 7/10-7/14 9am-12pm 381701-C R: \$190 / NR: \$210

Mon-Fri: 7/17-7/21 12:30-3:30pm 381701-D R: \$190 / NR: \$210

Mon-Fri: 7/24-7/28 9am-12pm 381701-E R: \$190 / NR: \$210

Mon-Fri: 7/31-8/4 12:30-3:30pm 381701-F R: \$190 / NR: \$210

Mon-Fri: 8/7-8/11 9am-12pm 381701-G R: \$190 / NR: \$210

Mon-Fri: 8/14-8/18 12:30-3:30pm 381701-H R: \$190 / NR: \$210

Mon-Fri: 8/21-8/25 9am-12pm 381701-I R: \$190 / NR: \$210

Instructor: VA Academy of Fencing **Location:** VA Academy of Fencing, Springfield

*There is no extended care for this camp.



Introduction to Historical Swordsmanship 9-17 years

Based on Renaissance and Medieval techniques, the sword fighting disciplines explored are the Rapier (the traditional dueling sword), and the longsword (the knightly European medieval sword). Practice swords used in class are the shinai (made of bamboo) and the foil. Students use protective jackets, masks and a pair of gloves.

•This camp is held at the Virginia Academy of Fencing, located at 5401-B Port Royal Rd., Springfield, VA. Transportation is not provided.

•A completed registration form and an equipment rental fee of \$49 payable to VAF is due on the first day of class.

Mon-Fri: 6/26-6/30 12:30-3:30pm 381703-A R: \$190 / NR: \$210

Mon-Fri: 7/10-7/14 12:30-3:30pm 381703-C R: \$190 / NR: \$210

Mon-Fri: 7/17-7/21 9am-12pm 381703-D R: \$190 / NR: \$210

Mon-Fri: 7/24-7/28 12:30-3:30pm 381703-E R: \$190 / NR: \$210

Mon-Fri: 7/31-8/4 9am-12pm 381703-F R: \$190 / NR: \$210

Mon-Fri: 8/7-8/11 12:30-3:30pm 381703-G R: \$190 / NR: \$210

Mon-Fri: 8/14-8/18 9am-12pm 381703-H R: \$190 / NR: \$210

Mon-Fri: 8/21-8/25 12:30-3:30pm 381703-I R: \$190 / NR: \$210

Instructor: VA Academy of Fencing **Location:** VA Academy of Fencing, Springfield

*There is no extended care for this camp.

Contracted Camps - Sport Camps

Loaded Up Volleyball 11-16 years

The camp will offer girls and boys the opportunity to learn and improve volleyball skills. Campers will focus on the mechanics of passing and receiving while learning hand positioning for setting skills. They will also acquire the proper basic skills for hitting and positioning. The campers will learn and apply volleyball skills in game situations while addressing volleyball rules. This camp is for individuals who are expecting advanced-beginner to intermediate level of instruction. Knee pads are required.

Mon-Fri: 7/10-7/14 9am-3pm
381003-C R: \$185 / NR: \$205

Instructor: VSSA Sports Training

Location: MEHMS Husky Gym

Before Care 7-9am 389991-C \$45

After Care 3-6pm 389992-C \$55



Play Up Lacrosse 8-15 years

This camp will offer girls and boys the opportunity to learn and improve their lacrosse skills. From beginners to intermediate players, our camp will give your athlete great exposure to the game and a definite competitive advantage. Whether you are just looking to learn or whether you need a tune up for tryouts, this camp delivers. Current, college-level lacrosse players deliver our content lessons.

Mon-Fri: 7/31-8/4 9am-3pm
381214-F R: \$175/ NR: \$195

Instructor: Play Up Sports

Location: George Mason HS Upper Field

Before Care 7-9am 389991-F \$45

After Care 3-6pm 389992-F \$55

Mustang Girls Lacrosse Camp 8-13 years

This camp is presented by the George Mason High School Lacrosse Coaches and is designed for campers who want to improve their lacrosse skills. Campers receive a T-shirt.

Mon-Fri: 7/17-7/21 9am-3pm
381002-D R: \$175 / NR: \$195

Instructor: Mustang Sports

Location: George Mason HS Upper Field

Before Care 7-9am 389991-D \$45

After Care 3-6pm 389992-D \$55

Youth Football Camp 6-12 years

Football Camp is a non-contact, fundamental football camp designed to improve a child's beginning, intermediate, or advanced skill level. Fundamentals of all positions on offense, defense and special teams will be taught in addition to life skills such as teamwork, communication, sportsmanship and the importance of education.

www.sportzcampz4kidz.com.

Mon-Fri: 7/3-7/7 9am-3pm
381006-B R: \$137 / NR: \$157

Mon-Fri: 7/31-8/4 9am-3pm
381006-F R: \$170 / NR: \$190

Mon-Fri: 8/7-8/11 9am-3pm
381006-G R: \$170 / NR: \$190

Instructor: Sportz Campz 4 Kidz

Location: George Mason HS Lower Field

Before Care 7-9am 389991-B \$36

After Care 3-6pm 389992-B \$44

Before Care 7-9am 389991-F/G \$45

After Care 3-6pm 389992-F/G \$55

*No camp July 4



Baseball Camp 8-13 years

Are you a baseball player looking to work on your skills? Directed by the George Mason High School Varsity Coach, campers will learn skills in fielding (infield and outfield), hitting, base running, and game situations.

This camp is designed for boys and girls.

Each participant receives a t-shirt.

Mon-Fri: 6/26-6/30 9am-3pm
381001-A R: \$175 / NR: \$195

Mon-Fri: 7/10-7/14 9am-3pm
381001-C R: \$175 / NR: \$195

Instructor: Mustang Sports

Location: Baseball Field – GMHS

Before Care 7-9am 389991-A/C \$45

After Care 3-6pm 389992-A/C \$55

Mustang Basketball 8-13 years

This camp is presented by the George Mason High School Varsity Basketball Coaches and is designed for campers ages 8-13 who want to improve their basketball skills. Campers receive a t-shirt and a basketball.

Girls only

Mon-Fri: 6/26-6/30 9am-3pm
381203-A1 R: \$175 / NR: \$195

Boys only

Mon-Fri: 7/17-7/21 9am-3pm
381203-D R: \$175 / NR: \$195

Instructor: Mustang Sports

Location: George Mason HS Main Gym

Before Care 7-9am 389991- A/D \$45

After Care 3-6pm 389992- A/D \$55

Giant Basketball Academy 6-14 years

Former Washington Wizards and New Jersey Nets player Gheorghe Muresan and his coaches will teach the fundamentals of basketball. This camp will feature 1-on-1 skills, shooting, team play, defensive positioning, speed drills and competitions to further develop all-around players.

Coed

Mon-Fri: 6/26-6/30 9am-3pm
381207-A R: \$200 / NR: \$220

Instructor: Giant Basketball Academy

Location: MEHMS Husky Gym

Boys Only

Mon-Fri: 7/24-7/28 9am-3pm
381207-E R: \$200 / NR: \$220

Instructor: Giant Basketball Academy

Location: GMHS Main /Gym

Before Care 7-9am 389991-A/E \$45

After Care 3-6pm 389992-A/E \$55

Basketball Skills Training Academy 6-11 years

Camp will prepare basketball players for their upcoming season. We will focus on shooting mechanics, one-on-one defense, scoring, ball handling, passing, mental preparation, conditioning, speed, agility training and much more. A key objective in our camp is to ensure that every athlete is challenged in an intense and fun atmosphere that will enable the athlete to increase their basketball skills, maximize their performance and achieve peak condition

Mon-Fri: 7/3-7/7 9am-3pm
382047-B R: \$145 / NR: \$165

Mon-Fri: 7/10-7/14 9am-3pm
382047-C R: \$175 / NR: \$195

Instructor: Athletes Global

Location: GMHS Gym

Before Care 7-9am 389991-B/C \$36/\$45

After Care 3-6pm 389992-B/C \$44/\$55

Contracted Camps - Sport Camps

Camp Olympia- Multi-Sport 8-14 years

This camp provides a recreational activities to include horseback riding, swimming and sports. Each day is broken into five activity hours.

Each camper will swim twice a day (one instructional swim and one free swim) and horseback ride four times per week. This leaves two activity hours each day for team sports or instructional sports such as soccer, basketball, volleyball, kickball, ball skills, gymnastics, tennis, track and field and games.

- A copy of your child's immunization records are required to be collected before camp.

- Campers will need a lunch, snack, sneakers and loose fitting clothing for play, long pants and smooth, hard soled shoes for riding and a swimsuit and towel for swimming.

- Camp is held at 5511 Muncaster Mill Rd. Rockville, MD 20855.

- Onsite camp hours are 9:30am-3:30pm.

Mon-Fri: 7/24-7/28 8am-5pm
383004-E R: \$460 / NR: \$480

Mon-Fri: 8/7-8/11 8am-5pm
383004-G R: \$460 / NR: \$480

Instructor: Camp Olympia

Location: Bus departs from and returns to the Falls Church Community Center

Before Care 7-9am 389991-E/G \$45

After Care 3-6pm 389992-E/G \$55



Mustang Soccer Camp 8-13 years

This camp is presented by the George Mason High School Varsity Soccer Coaches. Campers will experience the drills and teaching that have won multiple state championships but in an age appropriate setting.

Mon-Fri: 7/10-7/14 9am-3pm 381310-C R: \$175 / NR: \$195

Instructor: Mustang Sports **Location:** George Mason HS Lower Field

Mon-Fri: 8/21-8/25 9am-3pm 381310-I R: \$175 / NR: \$195

Instructor: Mustang Sports **Location:** George Mason HS Lower Field

Before Care 7-9am 389991 C/I \$45 After Care 3-6pm 389992- C/I \$55

British Soccer Camps—First Kicks 3-4 years

A friendly, low key introduction to the basics of the game through, storied and FUN! Parents are asked to stay and join in during these sessions. Great fun for parents and children involved. Camp includes a soccer ball, t-shirt and player evaluation.

Mon-Fri: 6/26-6/30 9-10am 381303-A R: \$106 / NR: \$126

Mon-Fri: 7/24 -7/28 9-10am 381303-E R: \$106 / NR: \$126

Mon-Fri: 8/14-8/18 9-10am 381303-H R: \$106 / NR: \$126

Instructor: Challenger Sports

Location: George Mason HS Lower Fields

*There is no extended care for this camp.

British Soccer Camps—Mini Soccer 4-6 years

A unique way for children to learn the fundamentals of the game. Fun, games, competitions and challenging skill building activities taught in small groups by British soccer professionals. Camp includes a soccer ball, t-shirt and player evaluation.

Mon-Fri: 6/26-6/30 10:15-11:45am 381304-A R: \$134 / NR: \$154

Mon-Fri: 7/24-7/28 10:15-11:45am 381304-E R: \$134 / NR: \$154

Mon-Fri: 8/14-8/18 10:15-11:45am 381304-H R: \$134 / NR: \$154

Instructor: Challenger Sports

Location: George Mason HS Lower Fields

*There is no extended care for this camp.

British Soccer Camps—Development Program 6-16 years

Feature's Challenger's new 1,000 touch curriculum: Individual Footskills, Fakes moves and turns, Freestyle Soccer, dribbling, Passing/Receiving, Shooting, Tackling/ Defending and the Camp World Cup! Session is coached by a professional British soccer coach. Bring cleats and water bottle daily. Camp includes a soccer ball and t-shirt.

Half Day Program

Mon-Fri: 6/26-6/30 9am-12pm 381305-A R: \$183 / NR: \$203

Mon-Fri: 7/24-7/28 9am-12pm 381305-E R: \$183 / NR: \$203

Mon-Fri: 8/14-8/18 9am-12pm 381305-H R: \$183 / NR: \$203

Before Care 7-9am 389991-A/E/H \$45

*There is no After Care for this camp.

Full Day Camp

Mon-Fri: 6/26-6/30 9am-3pm 381305-A R: \$257 / NR: \$277

Mon-Fri: 7/24-7/28 9am-3pm 381305-E R: \$257 / NR: \$277

Mon-Fri: 8/14-8/18 9am-3pm 381305-H1 R: \$257 / NR: \$277

Instructor: Challenger Sports

Before Care 7-9am 389991A/E/H \$45

Location: George Mason HS Fields

After Care 3-6pm 389992-A/E/H \$55



Virgil Seay Sports & Activities 7-14 years

The camp is designed for active boys and girls who like to play and enjoy sports like Flag Football, Soccer, Lacrosse and Physical Education games. This camp will allow each camper a chance to improve skills, develop team concept and leadership role while fostering good sportsmanship. The campers will gain self confidence in a semi-competitive atmosphere with staff members who specialize in their specific sport.



Flag Football, Soccer & Lacrosse

Mon-Fri: 6/26-6/30 9am-3pm
381403-A R: \$180 / NR: \$200

Instructor: VSSA Sports Training
Location: George Mason HS Upper Field,
Soccer and Flag Football

Mon-Fri: 8/14-8/18 9am-3pm
381403-H R: \$180 / NR: \$200

Instructor: VSSA Sports Training
Location: George Mason HS Upper Field
**Indoor Soccer, Basketball, Floor Hockey,
Bowling Trip & Physical Education
Games**

Mon-Fri: 8/21-8/25 9am-3pm
381403-I R: \$210 / NR: \$230

Instructor: VSSA Sports Training
Location: Falls Church CC Gym
Before Care 7-9am 389991-A/H \$45
After Care 3-6pm 389992-A/H \$55



UK Sports Week Camp 5-15 years

U.K. Elite International Sport Camp is the coming together of many of the world's favourite games. Come join U.K. Elite's International coaching staff and learn a variety of different and new sports, such as soccer, rugby, cricket, handball, and badminton as well as some familiar favorites like basketball, tennis, and ultimate Frisbee.

Half Day

Mon-Fri: 7/31-8/4 9am-12pm
381400-F R: \$155 / NR: \$175

*There is no After Care for this camp.

Full Day

Mon-Fri: 7/31-8/4 9am-3pm
381400-F1 R: \$235 / NR: \$255

Before Care 7-9am 389991-F \$45

After Care 3-6pm 389992-F \$55



Shooting Stars Tot Sports Camp 5-8 years

Shooting Stars Sports Camp - for children ages 5 - 8. Children will get a "kick" out of this fun packed camp designed to "ignite a passion for sports". Creative games, competitions and challenging skill building activities will captivate and enlighten children as they work on improving their kicking, running, jumping, and throwing skills with a program of the world's best fun soccer games and "Wacky" sports. Activities will be modified to satisfy the needs and abilities of all campers. All campers will participate in a variety of sports such as soccer, basketball, whiffleball & floor hockey. For more details, visit www.sportzcampz4kidz.com.

Half Day

Mon-Fri: 6/26-6/30 9am-1pm
381402-A R: \$110 / NR: \$130

*There is no After Care for this camp

Full Day

Mon-Fri: 6/26-6/30 9am-3pm
381402-A1 R: \$170 / NR: \$190

Half Day

Mon/Wed-Fri: 7/3-7/7 9am-1pm
381402-B R: \$88 / NR: \$108

*There is no After Care for this camp

Full Day

Mon/Wed-Fri: 7/3-7/7 9am-3pm
381402-B1 R: \$137 / NR: \$157

Instructor: Sportz Campz 4 Kidz
Location: GMHS Auxiliary Gym
Before Care 7-9am 389991-A/B \$45/36
After Care 3-6pm 389992-A/B \$55/44

All American Sports Camp 6-12 years

This is the ultimate sports camp and is ideal for all children who want to have fun while being exposed to a variety of sports. Campers will participate in basketball, soccer, flag football, whiffleball, and volleyball as well as many other sports related activities. Each camper will be grouped according to age or ability to ensure maximum learning and skill development. For more details, visit www.sportzcampz4kidz.com.

Mon-Fri: 7/10-7/14 9am-3pm
381401-C R: \$170 / NR: \$190

Mon-Fri: 7/17-7/21 9am-3pm
381401-D R: \$170 / NR: \$190

Mon-Fri: 7/24-7/28 9am-3pm
381401-E R: \$170 / NR: \$190

Mon-Fri: 7/31-8/4 9am-3pm
381401-F R: \$170 / NR: \$190

Mon-Fri: 8/7-8/11 9am-3pm
381401-G R: \$170 / NR: \$190

Instructor: Sportz Campz 4 Kidz

Location: GMHS Auxiliary Gym

Before Care 7-9am 389991-C/D/E/F/G \$45

After Care 3-6pm 389992-C/D/E/F/G \$55

Part-Time Seasonal Positions

Falls Church Recreation & Parks hires Teen Excursion Leaders, Water Safety Instructors, Playground Counselors, Extended Care Staff and Camp Director. A listing of qualifications and requirements, please visit the Employment page at www.fallschurchva.gov.

To Apply:

Send a completed City application or resume with a copy of your driving record obtained from the Department of Motor Vehicles, First Aid and CPR certifications to City of Falls Church, Human Resources Division, 300 Park Avenue, Falls Church, VA 22046. You can also email this information to hr@fallschurchva.gov.

Reasonable Accommodation:

During the selection process, applicants with disabilities may request reasonable accommodation with the mutual agreement of the hiring authority and the Human Resources Division. Requests for reasonable accommodation should be directed to the Human Resources Division. The City of Falls Church does not discriminate on the basis of race, color, national origin, gender, sexual orientation, religion, age, or disability.

Falls Church Recreation & Parks
Department
223 Little Falls Street
Falls Church, VA 22046-4304

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www.FallsChurchVA.gov/Recreation

MISSION STATEMENT

The mission of the Falls Church Recreation and Parks Department is to provide a year-round program of recreation and leisure-time activities for all groups and interest levels. The Department is dedicated to enhancing the quality of life and fostering a sense of community by providing superior recreational, educational and cultural services and through the effective maintenance and protection of the City's natural resources.



The City of Falls Church is committed to the letter and spirit of the Americans with Disabilities Act.
To request a reasonable accommodation for any type of disability call 703-248-5077 (TTY 711)